



Oral Health Policy

Rationale

To raise awareness of the importance of good oral health.

Aims

To establish and maintain good oral health practices as part of a healthy lifestyle at school and home.

Objectives

Brushing teeth at home

- Parents/ carers will be encouraged to continue regular brushing at home.
- Parents/ carers can access information about tooth brushing and/or oral health from the website.
- Information about oral health will also be available on the Holley Park Academy website.

Children

- Oral health will be included in the curriculum and in any learning opportunities where appropriate.
- Staff will arrange visits from the dentist/ oral health professionals regularly.
- Dental health will feature as a theme prior to or after these visits, (e.g. dentist's corner, stories, songs, etc).
- Oral health will be taught at least once a year in every year group through science or PSHE.
- Good oral hygiene will be promoted and encouraged at all times.
- Children will be encouraged to eat tooth friendly snacks and meals in school as part of the Holley Park Academy's healthy school vision as detailed in the packed lunch and health and safety policy.

Parents and guardians

- Parents and carers will be encouraged to read and give feedback on oral health policy and classroom practice.
- The policy will be included in the induction for new parents/ carers by staff.
- Appropriate training and information will be given and shared between all staff at Holley Park Academy.

School

- Holley Park only offers milk and water to drink at snack times. Children can bring a water bottle to school every day.
- We only offer healthy snacks to eat. Holley Park is involved in the schools fruit scheme in key stage one and children receive a choice of fruit each day.
- Any sweets or treats that are sent into school for children's birthdays are sent home for parents to give them with a meal.
- Holley Park does not allow sweets or confectionery on the premises or in the playground and do not use sweets as a reward. Only very special occasions i.e. charity cake sales.

Regular Dental Care

It is very important that children have regular dental examinations starting as young an age as possible.

The number for parents to phone if they need support finding a dentist is:

NHS Direct

111

www.nhsdirect.nhs.uk

PALS (Patient Advice and Liaison Service)

0800 731 2326

Alternatively the Community Dental Service from South Tyneside Foundation Trust covering Gateshead, South Tyneside and Sunderland provide a full range of treatments for patients of all ages who have difficulty in accessing treatment from general dental services. Dental care is provided, on referral and by appointment only for patients with a wide range of special needs. This will include; individuals who are medically compromised or have mental health issues; adults and children with severe learning disabilities or physical disabilities and children with behavioural management issues. This care includes routine care, specialised clinical services in paediatric dentistry, sedation and general anaesthesia in a hospital setting.

For further information contact Dental Admin Team: 0191 5026751

Review and Monitoring

The subject leader in charge of Oral Health will regularly review and update this policy and be responsible for monitoring its implementation throughout the school.